

## By Lars Andersen Paleo Diet For Cyclists Delicious Paleo Diet Plan Recipes And Cookbook For Achieving Optimum Health Paperback

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### By Lars Andersen Paleo Diet

Paleo Diet for Cyclists: Delicious Paleo Diet Plan, Recipes and Cookbook for Achieving Optimum Health, Performance, Endurance and Physique Goals (Food for Fitness Series) by Lars Andersen

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### Paleo Diet for Strength: Delicious Paleo Diet Plan ...

This is the biography page for Lars Andersen. Lars Andersen is a sports author, nutritional researcher and fitness enthusiast. In his spare time he participates in competitive running, swimming and cycling events and enjoys hiking with his two border collies.

### Smashwords - About Lars Andersen, author of 'Paleo Diet ...

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