

# Chinese Herbal Medicine Materia Medica Third Edition

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medicinal substances.

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Chinese Herbal Medicine: Materia  
Medica (CHMMM) is a popular and  
encyclopedic reference book on  
materials used in traditional Chinese  
medicine (TCM). As of 2020, it is in its 3  
rd edition. The title is a bit of a  
misnomer because while the book  
mainly includes herbal substances, it  
also includes animal, mineral and fungal  
substances.

## **Chinese Herbal Medicine: Materia Medica - RationalWiki**

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## **Chinese Herbal Medicine : Materia Medica 2nd edition ...**

The first edition of Chinese Herbal Medicine: Materia Medica was published in 1986, and the revised edition in 1993. During the ensuing years there has been a huge increase in the use of Chinese herbal medicine in those Western countries where this book has served as a basic reference text. About six years ago we realized that

## **Chinese Herbal Medicine Materia Medica**

His Shénnóng Běn Cǎo Jīng (本草綱目, Shennong's Materia Medica) is considered as the oldest book on Chinese herbal medicine. It classifies 365 species of roots, grass, woods, furs, animals and stones into three categories of herbal medicine: [8]

## **Chinese herbology - Wikipedia**

Alternative medicines and solutions

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found in nature for common ailments

## **Herbal Materia Medica - Healthy.net**

The Compendium of Materia Medica (also known by the romanizations Bencao Gangmu or Pen-tSao Kang-mu) is a Chinese herbology volume written by Li Shizhen during the Ming dynasty; its first draft was completed in 1578 and printed in Nanjing in 1596. It is a work epitomizing the materia medica known at the time.

## **Compendium of Materia Medica - Wikipedia**

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## **Chinese Herbal Medicine - Tao of Wellness**

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BOTANICAL MEDICINE.

## **HERBAL MATERIA MEDICA - Michael Moore**

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on the practice of herbal medicine in the  
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herbs and their combinations provide a  
wealth of practical information  
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**Chinese Herbal Medicine: Materia  
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